

Northbridge High School Boys Lacrosse

2008 Archive

Varsity Record: 13-7, won first ever CMass tournament game, over Nashoba 12-5.
Best regular season record in NHS history.

JV Record:

2008 Stats:	G	A	TP
Mike Padro	55	40*	95*
Ian Robie	58*	17	75
Ryan Cassidy	27	15	42
Bryan Warchol	16	15	31
Gary Stefancyk	14	9	23
Aaron Phoebe	13	8	21
Gino Perro	11	10	21
Devin Dube	6	11	17
Josh White	5	7	12
Sam Giard	2	0	2
Joe Young	0	1	1
Ryan White	0	1	1

*new team records.

Goalie:

Joe Russo *11-7 .620 Save Percentage
Ryan White 2-0

*new team record for wins in a season.

Other notes:

Mike Padro – Worcester T&G Super Team Member, Central Mass B 1st Team All-Star
Ian Robie- Central Mass B 1st Team All-Star
Bryan Warchol – Central Mass B 1st Team All Star
Ryan Cassidy – Central Mass B 2nd Team All Star
Tyler Martin –Central Mass B 1st Team All Star
Joe Russo – Central Mass B HM All Star
Drew Russell – Central Mass B 2nd Team All Star
Gary Stefancyk – Central Mass HM All Star
Aaron Phobe – Central Mass HM All Star

Individual Game Notes:

6/1/2008 Northbridge 6 Shrewsbury 17. Shrewsbury proves that they are a team that could win it all in CMass this year. They Colonials dominated in every aspect of the game and Northbridge was overwhelmed with the size of the Shrewsbury squad. This loss does not take away from the season, if anything it will help the returning players next realize where they need to take their game to get to the next level. Good Luck to Shrewsbury, they are a classy team that wins well.

5/27/2008: Northbridge 12- Nashoba 5. The Rams win their first every tournament game on their home field with a convincing win over Nashoba Regional. Northbridge has a commanding 7-1 lead at half-time and cruised the rest of the way to earn the win. Joe Russo had 14 saves in net. Mike Padro led all scorers with 4 goals and 5 assists. Others scorers were Ian Robie (4G 3A), Ryan Cassidy (2G 1A), Bryan Warchol (2G 1A) and Josh White (1A). Northbridge will head to Shrewsbury to take on a very strong team that has had Northbridge's number 2 times already this year.

5/21/2008: Northbridge 6, G-D 7 OT. The Rams and Crusaders went back and forth in a rain soaked classic ending in OT. Northbridge played well and everyone stepped up to compensate for the absence of Mike Padro due to injury. Joe Russo had 10 saves to continue his excellent play in net. Scoring points in the game for the RAMS were Ian Robie (2G) Ryan Cassidy (1G 1A), Bryan Warchol (1G 1A), Gary Stefancyk (1G 1A), Gino Perro (1G) and Josh White (1A). The Rams will now focus on the Central Mass Tourney, hopefully earning a home game for the first time ever.

5/15/2008: Northbridge 4, SPM 3. The RAMS shut out SPM in the second half and scored 3 times to turn a 3-1 halftime deficit into a great win. Goalie Joe Russo continues to impress and had 15 saves (10 in the second half) in this one. Joe's save percentage has risen 13 points in the last 5 games from 51% to 64%. Gary Stefancyk has 2 goals in the second half, including the game-winner on a great play by Gino Perro to feed him on the crease. Mike Padro had a goal and a assist, Ian Robie had a goal and Gino Perro had 2 assists. The defense played well with many take aways and big slides. All in all a great win for this program. Despite our relatively small team size, we continue to play with "guts"! Many of you have stepped up and filled the roles that others have chosen to vacate and it has allowed us to be this successful this season. With the win, Joe Russo become the winningest single season goalie in Northbridge history with 10 wins.

5/13/2008: Northbridge 7, Leominster 3. Northbridge played well enough to win today. The season seems to be catching up with Northbridge and many players look tired. 3 games in 4 days can take its toll on a team and this was the case today. Ian Robie and Bryan Warchol each had 2 goals. Ryan Cassidy had a goal and a assist. Other point scorers were Josh White (1G), Gino Perro (1G) and Mike Padro (3A). The Rams will have to step it up Thursday against league foe SPM if they want another win.

5/12/2008: Northbridge 4, Grafton 6. A 4-4 tie late in the 4th was broken by Grafton and the Rams could not recover. The Biancardi twins accounted for all of Graftons 6 goals and that was the story of the game. Joe Russo had 17 saves and has really started to look comfortable in net. Mike Padro had 2 goals and Aaron Phobe and Gino Perro each chipped in one.

5/10/2008: Northbridge 13, BVT 4. Northbridge only allowed 1 goal in the second half and cruised to a 13-4 win over rival BVT. Joe Russo was strong in net with 15 saves. Tyler Martin, Joe Rice and Drew Russell all had standout games on D, keeping BVT under pressure all game long. Scorers for Northbridge were: Ian Robie (5G 1A), Gino Perro (2G 2A), Mike Padro (2G 1A), Aaron Phoebe (2G), Devin Dube (1G), Ryan Cassidy (1G) and Bryan Warchol (3A).

5/8/2008: Northbridge 3, Shrewsbury 8. After fighting to a 2-2 tie at halftime the Rams were outscored 6-1 the rest of the way to drop a game to Shrewsbury. Shrewsbury is undefeated in our league and is very strong. This game was lost because the Rams just are not deep enough at midfield to run with Shrewsbury. They had the ability to run 3 full lines of middies at us to wear us down. Face-offs were an issue as Shrewsbury dominated them, which gave them more possession time in the game. Mike Padro had 1 goal and 2 assists while Gino Perro and Aaron Phoebe each scored once.

5/6/2008: Northbridge 18, Worcester 0. The Rams handle a developing Worcester program to clinch a winning record for the year and a trip back to the CMass tourney after a year off. This will be the 3rd time in 4 years the Rams have made the tourney. Congrats! Without naming all scorers, let just say it was a team effort.

5/5/2008: Northbridge 8, Groton-Dunstable 7. Northbridge survived playing their sloppiest game of the year to edge out G-D by one goal. The Rams had a tough 1st quarter, letting in 3 goals and missing a half-dozen scoring chances. The G-D defense was very good and they wanted the ground balls more than the Rams for most of the game. The Rams will use this game as a learning experience to help them learn how to win despite adversity.

5/3/2008: Northbridge 13, Nipmuc 6. Northbridge jumped out to a 8-0 lead in the first quarter and put this game out of reach early. Nipmuc did fight hard and was able to score in the second half with Northbridge getting stuck in cruise mode. Ian Robie had 4 goals and 1 assist and Mike Padro had 4 goals. The other scorers in the game were: Bryan Warchol 2G 1A, Ryan Cassidy 1G 4A, Aaron Phoebe 1G, 1A, Gino Perro 1G 1A, Devin Dube 1A and Josh White 1A. Joe Russo had 12 saves and the defense played well.

5/1/2008: Northbridge 11, Grafton 12. Northbridge let a 2 goal lead with 5 mins. left slip away and Grafton pulled off the win under the lights in Northbridge. This game is an instant classic; great play from both teams and it's too bad someone had to lose. Ryan Cassidy has a breakout game with 4G and 1A. Other scorers were Mike Padro 2G 2A, Ian Robie 3G, Aaron Phoebe 1G and Joe Morealle 1G. The Rams will host Grafton again on 5/12 in what should be a great game.

4/26/2008: Northbridge 16, Nipmuc 9. The Rams score 16 for the third straight game and beat Nipmuc. Northbridge found itself down 2 goals lat in the 3rd quarter with an 8-6 score, but the rams went on a 8-1 scoring streak to seal the win. Mike Padro (2G 5A) and Ian Robie (5G 2A) put in another 7 point game performance while While Ryan Cassidy and Bryan Warchol popped in 2G and 2A each. Other scorers were Gary Stefancyk (2G 1A), Aaron Phoebe (1G 1A), Josh White (1G) and Gino Perro (1G).

4/23/2008: Northbridge 16, Agawam 6. Northbridge earns a nice win against a WMass opponent with a solid team effort. Mike Padro (2G 5A) and Ian Robie (5G 2A) each put up 7 points to lead the way. Ryan Cassidy (2G 1A), Devin Dube (1G 2A) and Bryan Warchol (1G 1A) had multiple point days while Josh White, Gino Perro and Gary Stefancyk all pitched in with an assist.

4/21/2008: Northbridge 16, BVT 1. Northbridge exploded for 10 goals in the 3rd quarter and handled BVT on Saturday. Joe Russo had a great day in net with 14 save for a 93% save percentage for the game. The defense was on and BVT had very little space to try and get their offense going. Scorers for Northbridge were: Ian Robie (4G 1A), Aaron Phoebe (1G 3A), Mike Padro (3G), Bryan Warchol (1G 1A), Gary Stefancyk (1G 1A), Joe Morealle (1G), Devin Dube (1A), Josh White (1A) and Gino Perro (1A).

4/17/2008: Northbridge 7, SPM 13. Northbridge battled SPM to a 5-5 tie with 3:00 left in the 3rd quarter but a 3 min locked penalty for an illegal stick allowed SPM to pull away and defeat Northbridge. Mike Padro had 3G and 2A to lead the Rams. Other scorers were: Joe Morealle (2G), Ryan Cassidy (1G), Bryan Warchol (1G 1A) and Gary Stefanczyk (1A).

4/15/2008: Northbridge 14, Leominster 0. This one was for MILNER! The defense and Joe Russo (8 Saves) stepped up again earning their second shutout in a row against Leominster. Mike Padro (6G 4A) and Ian Robie (4G 1A) continue their run of high scoring games and Ryan Cassidy proved he is back with a 3 goals performance. Sophomore Devin Dube chipped in 1 goal and 1 assist. Northbridge has a big league game Thursday @ St Peter Marian. (3:30 Varsity) This game will go a long way in letting the Rams know where they are at this year. Everybody needs to step up, contribute and play as a team!

4/12/2008: Northbridge 15, Bellingham 0. Northbridge allowed 6 shots on goal and Ryan White earned a shutout in net Saturday for the Rams. Mike Padro led all scorers with 4G and 3A. Ian Robie also had a big day with 5G and 1A. The defense, lead by Tyler Martin, Drew Russell and Joe Rice played solid man-to-man D. Joe Young, Mike Ducey, Andrew Guy and Anthony Raucci all have strong efforts on defense too. Other scorers for the Rams were: Gino Perro (2G 1A), Ryan Cassidy (1G 1A), Bryan Warchol (1G 1A), Devin Dube (1G 1A) Josh White (1A) and Sam Giard who scored his first Varsity goal. The Rams have some very important games coming up with Games against Leominster, St. Peter-Marian and BVT.

4/10/2008: Northbridge 4, Shrewsbury 13. Northbridge was inconsistent at times on both ends of the field and that hurt the Rams. Many scoring chances were not seized and this allowed the Colonials to be on the winning end of a score that does not completely reflect the fight that the Rams gave in this game. The Rams eagerly await the return of their 2 starting attackmen, Ryan Cassidy and Joe Morealle from their illness/injury. Josh White, Ian Robie, Gary Stefanczyk and Mike Padro all scored. Northbridge has the chance to "ring up" some big wins in the next 10 days with games against Bellingham, Leominster, SPM and BVT coming up. JV lost 7-6.

4/8/2008: Northbridge 19, Worcester 1. Mike Padro (5G 4A), Ian Robie (5G 3A) and Aaron Phoebe (4G) lead a host of scorers in the season opener for the Rams. Ryan White gets the "W" in net. Northbridge will face a much tougher task Thursday when they travel to Shrewsbury. JV won 9-0.